

A talk on "Youth and Mental Health" by Dr. Dipjyoti Bora, Department of Psychiatry Jorhat Medical College and Hospital on 19th August, 2024.

The UGC anti-ragging program, Assimilation Week, concluded on August 19th, 2024, with an induction program and ceremony under the theme "Respect the New, Reject the Ragging" at the Rangghar premises of Dibrugarh University. All the newly admitted students at Dibrugarh University attended the program. Honourable Vice Chancellor, Professor Jiten Hazarika, Registrar, Dr. Paramananda Sonowal, Dean of Student Affairs Professor, Prof. Surajit Borkotokey, Chief Warden, Dr. Diganta Bhuyan, Deputy Registrar (Academic), Mr. Arinjit Hazarika, Director IQAC, Prof. Ankur Bharali, and faculty members from various departments and centres of the university graced the occasion. Dr. Dipjyoti Bora, Department of Psychiatry, Jorhat Medical College and Hospital, delivered an insightful and engaging talk on "Youth and Mental Health". In his speech, he highlighted the importance of the mental health for peace & progress among the youths. Dr. Bora also emphasized on the importance of mental health awareness, early intervention, and destigmatization and congratulate Dibrugarh University for organizing a talk on this issue. The event was well attended by more than 300 students & teachers.

