



**OFFICE OF THE REGISTRAR :: DIBRUGARH UNIVERSITY :: DIBRUGARH**

Ref. No. DU/DR-A/Syllabus-SEC(NSS)/2024/029

Date: 08.01.2024

**NOTIFICATION**

As recommend by the 126<sup>th</sup> Meeting of the Under Graduate Board held on 23.11.2023, the 129<sup>th</sup> Meeting of the Academic Council, Dibrugarh University held on 08.12.2023 vide **Resolution No. 12** has approved the syllabi of the NSS Courses in FYUGP w.e.f. the academic session 2024-2025 as given below-

- (i) *NSS for Youth (SEC) in FYUGP 3<sup>rd</sup> Semester.*
- (ii) *NSS in Community Engagement (others) in FYUGP 4<sup>th</sup> Semester.*

The Syllabi are enclosed herewith.

Issued with due approval.

*Sadiq Hossain*  
Deputy Registrar (Academic) i/c  
Dibrugarh University

*Shelvi*

Copy for kind information and necessary action to:

1. The Hon'ble Vice-Chancellor i/c, Dibrugarh University.
2. The Deans, Dibrugarh University.
3. The Registrar, Dibrugarh University.
4. All the Heads and Chairpersons of the Teaching Departments and Centres of Studies, Dibrugarh University.
5. The Programme Coordinator, NSS Cell, Dibrugarh University.
6. The Controller of Examinations i/c, Dibrugarh University.
7. The Inspector of Colleges, Dibrugarh University.
8. The Director, IQAC, Dibrugarh University.
9. The Joint / Deputy Controller of Examinations – 'B', 'C' & 'A', Dibrugarh University.
10. The Programmer, Dibrugarh University with a request to upload the notification in the Dibrugarh University Website.
11. File.
- 12.

*Sadiq Hossain*  
Deputy Registrar (Academic) i/c  
Dibrugarh University

*Shelvi*

**Course Code: To be Given**  
**Course Name: NSS for Youth**  
**Nature of the Course: Skill Enhancement Course (SEC)**  
**Distribution of Marks: 80 (End Sem) + 20 (In Sem)**  
**Total Credits: 3 (2 – 0 – 1)**

**Important Note**

This course is a prerequisite for the course **NSS in Community Engagement**, i.e., if anyone wants to later on take the course **NSS in Community Engagement**, this course has to be taken.

**Course Objectives:**

1. To explain the nature, functions and importance of NSS.
2. To explain the role of NSS in the context of youth, community and voluntary service.
3. To develop the necessary communication and soft skills.
4. To appreciate the importance of health, hygiene and sanitation for a healthy nation.
5. To develop the concept and skills of managing environment issues and disaster management.

**Course Contents:**

Unit	Topics	Contact Hours		
		Lectures	Tutorials	Experiential Learning
I	<b>Introduction to NSS</b> <ul style="list-style-type: none"> <li>• NSS as an organization (Aims &amp; Objectives, Structure, Functioning &amp; Funding)</li> <li>• Formation and functions of Advisory Committee of the NSS Unit</li> <li>• Needs and Preparation of Annual Activity Plan of NSS Unit</li> <li>• Activities under NSS: Regular Activities and Special Activities including Special Camping Programme</li> <li>• Village / Slum Adoption: Procedure and Guidelines, Maintaining records of the Village / Slum</li> <li>• Collaboration with other Govt. agencies, NGOs &amp; Voluntary Organizations</li> </ul>	6	0	3
II	<b>Life Competencies, Youth Leadership and NSS</b> <ul style="list-style-type: none"> <li>• Definition and Importance of Life Competencies</li> <li>• Communication and Soft Skills</li> <li>• Using the Internet: Social media and Role of NSS Volunteers</li> <li>• Youth Leadership and Role of NSS Volunteers</li> </ul>	6	0	9

	<ul style="list-style-type: none"> <li>• Camping in NSS for Youth Leadership: National and Regional Level Camps, Pre RD and RD Camps, Youth Parliaments, International Youth Exchange Programmes, Youth Delegations</li> <li>• Awards in NSS: University Level, State Level and National Level – Procedure and Guidelines</li> </ul>			
III	<b>Youth Health and Role of NSS</b> <ul style="list-style-type: none"> <li>• Concept and Importance of Health, Hygiene and Sanitation</li> <li>• Concept and Elements of Healthy Lifestyles – Role of Yoga</li> <li>• Concept of Effect of HIV/AIDS, Drugs and Substance Abuse, Role of NSS in their Eradication</li> <li>• Concept and Need of First Aid, Preparation for First Aid.</li> <li>• Role of NSS in Developing a Healthy Lifestyle</li> </ul>	6	0	8
IV	<b>Environment Issues and Role of NSS</b> <ul style="list-style-type: none"> <li>• Introduction to Environment Conservation</li> <li>• Importance of Sustainable Development – SDGs</li> <li>• Concept of Climate Change &amp; Role of NSS Volunteers</li> <li>• Concept of Waste Management &amp; Role of NSS Volunteers</li> <li>• Concept of Natural Resource Management &amp; Role of NSS Volunteers</li> </ul>	6	0	10
V	<b>Disaster Management and Role of NSS</b> <ul style="list-style-type: none"> <li>• Introduction to Hazard &amp; Disaster Management</li> <li>• Classification of Disasters and their Effects</li> <li>• Concept of Disaster Management and Mitigation</li> <li>• Role of NSS in Disaster Management with emphasis on disasters specific to NE India</li> <li>• Importance of Civil Defense Training to NSS Volunteers</li> </ul>	6	0	15

**Suggested Readings:**

1. NSS Manual published by the Ministry of Youth Affairs & Sports, Govt. of India
2. National Youth Policy Document
3. National Service Scheme - A Youth Volunteers Programme For Under Graduate Students as Per UGC Guidelines by J D S Panwar, A K Jain & B K Rathi (Astral)
4. Communication Skills by N Rao & R P Das (HPH)
5. Biodiversity, Environment and Disaster Management by Shamna Hussain (Unique Publishers)
6. Environmental Studies by P K Pandey (Mahaveer Publications)

**Modes of In-Semester Assessment: (20 Marks)**

Sessional Exams: 10 Marks

Project: 10 Marks (The project should be prepared based on topics included in the syllabus)

**Learning Outcomes**

After the completion of this course, the learners will be able to:

1. Explain the role and functions of NSS.
2. Appraise the role of NSS volunteers in developing the society as a whole.
3. Develop the necessary skills of effective communication, leadership and healthy living.
4. Develop the necessary skills to mitigate disasters and other environmental challenges.
5. Develop consciousness about personal health and hygiene.

**Course Code: To be Given**  
**Course Name: NSS in Community Engagement**  
**Nature of the Course: Others**  
**Distribution of Marks: 40 (End Sem) + 10 (In Sem)**  
**Total Credits: 2 (1 – 0 – 1)**

**Course Objectives:**

1. To explain the many facets of Community Engagement.
2. To appreciate the scope of Community Engagement in the context of NSS.

**Course Prerequisite:**

- Learner should have opted for the SEC Course titled *NSS for Youth*

**Course Contents:**

Unit	Topics	Contact Hours		
		Lectures	Tutorials	Experiential Learning
I	<b>Basics of Community Engagement</b> <ul style="list-style-type: none"> <li>• Concept, Ethics and Spectrum of Community Engagement</li> <li>• Local Communities &amp; their Culture, Practice of Community Engagement</li> <li>• Stages, Components and Principles of Community Development</li> <li>• Utility of public resources</li> </ul>	15	0	0
II	<b>Community Engagement for NSS Activities</b> <ul style="list-style-type: none"> <li>• Community Engagement Activities in the Adopted Village – Planning and Execution;</li> </ul>	0	0	45

**Suggested Readings:**

1. NSS Manual published by the Ministry of Youth Affairs & Sports, Govt. of India
2. Fundamentals of Community Engagement: A Sourcebook for Students (E-book). Available at:  
<https://ecampusontario.pressbooks.pub/communityengagedlearningatmcmaster/>

**Mode of In-Semester Assessment: (10 Marks)**

Project: 10 Marks (The project should be prepared based on community engagement work done in the adopted village / slum)

**Learning Outcomes**

After the completion of this course, the learner will be able to:

1. Explain about community engagement
2. Develop the skills necessary to organize and execute community engagement activities.