



## NOTIFICATION

This is for the information of all concerned that the Dibrugarh University Officers' Association is organizing an interactive talk on the topic '**Awareness on Mental and Physical wellness for a healthy lifestyle**' for the Officers, Teachers and Employees of the University. The program is scheduled on **13<sup>th</sup> Oct (Friday), 2023** at **2:30 PM** in the **Indira Miri Conference Hall**, DU. It may also kindly be noted that **Dr. Pranjal Dutta** and **Dr. Dhrubajyoti Bhuyan** of Assam Medical College and Hospital, Dibrugarh have kindly consented to be the resource persons during the session.

In view of the above, the officers, teachers and employees of the University may participate in the aforesaid awareness program.

Issued with due approval.

**Registrar**  
Dibrugarh University  
Dibrugarh

No. : DU/RG/G.01.01/2023/6229

Date : 12/10/2023

Copy to :

01. The Hon'ble Vice-Chancellor, Dibrugarh University, for kind information.
02. All Heads of the Departments / Chairpersons of the Centres for Studies / Director, DODL / DUIET, for information and necessary cooperation.
03. The President/ General Secretary, DUTA/DUOA/DUEA/DUPGSU, for information and necessary cooperation.
04. All Officers of the University, for information and necessary action.
05. The Programmer, D.U., with a request to upload the notification in the D.U website.
06. Office file.

**Registrar**  
Dibrugarh University  
Dibrugarh